FINAL INSTRUCTIONS

Discovery 947 Ride Joburg
Sunday, 17 November 2019
Ride day checklist and final instructions

There are a few things you need to remember to help your day run smoothly.

Check your start time and give yourself enough time to get to the venue. Remember to factor in the time it will take you to travel to the parking area and to ride to the start loading pens. The surrounding roads will be busy, so give yourself enough time on the morning. We recommend arriving two hours ahead of your start time.

The parking areas are colour coded. You may be directed to a different parking area from the one you planned to park in due to traffic flow. Just remember the colour code of the parking area that you parked in.

**Race number (mandatory)**

Pin your unique race number to the back of your cycling shirt, over the pockets. Your race number is your identification while you are out on the route. Do not let anyone else ride with your race number, as we use this to access your emergency and medical details.

**RaceTec chip (mandatory)**

Secure the RaceTec chip to the bike clip on the front wheel of your bike. You can also use a Velcro strap to attach it to your left ankle, with the chip sitting on the outside of your leg. No chip, no ride; no time, no result.

**Helmet (mandatory)**

Your safety is extremely important to us. Because of this, you won't be allowed to access the start pen or route without it. No helmet, no ride. It's the law!

**Puncture kit**

Bring spare tubes, a pump, tyre levers and tools with you. Mechanics are not always available.

**Cash**

Consider bringing cash along for the day in case you need a replacement tube on the route or you'd like to get a cold beverage and tasty hamburger at the finish. About R300 should be enough.

**Cellphone**

Carry your cellphone with you in case of emergency and to contact your family and friends after your ride.

**Sunblock and sunglasses**

The Joburg sun can get extremely hot, so make sure you’re protected.

**Filled water bottles**

There are nine water points along the route, stocked with ice-cold water, Powerade and Coke. It's always good practice to ensure you have plenty to drink. We suggest you start riding with two full bottles, which you can refill at any of the water points.

**Food**

The Short Ride starts very early, so remember to fuel up with a good breakfast. Test your breakfast on training rides and rather don't try a new breakfast on the day of the Short Ride. See ‘Nutrition on Route’ page.

**Bike number and Action Photo sticker**

Remember to stick your bike number onto your bike. If you get separated from your bike for whatever reason, the sticker will help us reunite you. Jetline Action Photo provides helmet stickers for you. If you would like to be identified for your commemorative photos, place one of these on the front of your helmet. You’ll find these stickers in your race pack.
Parking

How to get to the Ride Joburg

This year’s edition of the race is brought to you by Discovery. Over 20 000 cyclists are taking part, so check out the route map beforehand to familiarise yourself with all the road closures. Leave enough time to access the parking and then to ride up to the start.

Road closures

As a participant, you will not be able to use the closed roads on the route to get to the start or the parking areas. For full road closure info, go to 947ridejoburg.co.za and use the MAP IT interactive map to navigate around the road closures.

Parking details

There are three major access routes into Riversands Commercial Park:

1. From William Nicol

If you’re accessing the venue from the southern side (N1, N3, M1N and Sandton), take William Nicol Drive and then turn into Erling Road.

2. From Main Road

If you’re using Main Road to access the venue, turn off Main Road into Zinnia Road. Enter the secured orange parking in Glenferness.

3. From N14

If you’re accessing the venue accessing from the northern side, take the M26 onto R511 from Laudium. Then take the N14 Diepsloot offramp onto the R511, or proceed to the N1 Rivonia Road exit via Witkoppen to Main Road or William Nicol Drive.

Please refer to the parking map for more information and detail

There are seven colour-coded parking areas within Riversands Commercial Park. These parking areas will be secured. Please note the colour of the parking area, so that you can identify where your car is.

Allow at least an hour and thirty minutes to get from your parking spot to the Makro Riversands start zone. Also, look out for big screens with directional information and the colour-coded observation towers in your parking areas. Use them as a landmark for where you parked. There will be eight telescopic handlers (sponsored by Manitou) within the parking areas for additional aerial visibility indicating important areas, including medical, hospitality, start and finish.

There will be JMPD pointsmen on all intersections leading into the venue to assist with traffic control. Security guards will patrol all parking areas from 0:00 until 1:00, so please park in the recommended parking areas only. You will be directed to a parking area by marshals. Please follow their instructions. From your parking spot, you will need to access Riversands Boulevard via secondary paths. These paths could be sand roads and they may contain thorns, so you should carry your bike.

Make your way to the Makro Riversands start zone

From the GREEN, ORANGE, RED, YELLOW parking areas, ride or walk along the secondary paths to the tarred road. From there, make your way to CIRCLE 5, A & B, which leads up into the Makro start zone.

From the BLUE, SILVER & PURPLE parking areas, cyclists will access the Makro start zone from CIRCLE D, C & B.

Drop-off and meter taxis

The drop-off point is at Pinnacle College, which is accessible from Main Road along Zinnia Road only. If you are being dropped off in the morning, please be aware that there are no official drop-off zones on the R511.
Access the parking from Krugersdorp or the far East Rand using the N14 onto the R511 past Diepsloot. There are road works on the R511.

We recommend you use the N1 to William Nicol to Erling Rd or Main Road to Zinnia Rd

Leave enough time to get through the road works.

Access the parking from Roodépoort or Soweto using the N1 on to the R511/William Nicol Rd past Fourways.

JMPD pointsmen will be manning all major intersections from the N1 to the N14 and surrounding roads.

DO NOT PARK IN UNSECURED PARKING AREAS. IGNORE THE ILLEGAL CAR GUARDS AS THERE IS MORE THAN SUFFICIENT PARKING IN THE VENUE.
Makro Start Zone

Load into your start pens at Makro Riversands

Start at Makro Riversands (refer to drawing): The back of the starting area is located at Makro in Riversands, which is accessible through Circle B. You MUST go to the Makro Riversands parking area, where you will be loaded into your start groups at the loading zone. Your RaceTec chip will be checked and you can get last-minute mechanical assistance from Liqui Moly.

When you access your start chute at Makro Riversands parking area (accessible from Circle B), you will be checked for your race number, RaceTec chip and helmet. You will not be allowed to ride without these three items. It is important that you arrive at the check gates well before your start time (approximately one hour before your start time), allowing you plenty of time to get into your start pen. There will be refreshments and toilet facilities in the holding areas and start pens.

RaceTec chip

You will be checked for your RaceTec chip before you are loaded into your start group. If you do not have one, you will have to buy it there. The primary RaceTec timing mat is located at the Makro Start Zone. If you do not cross this mat, you will not receive a race time.

Mechanical assistance

For last-minute running repairs, there is a Liqui Moly mechanical station in the loading zone at the Makro Start Zone, before you reach the start pens.

Makro Riversands and Mugg & Bean

Makro Riversands is kindly hosting our Start Zone again this year. They will also have an area with bike spares for sale, in case you need any last-minute items. Look out for the Mugg & Bean coffee station and remember to bring along some cash to purchase refreshments before your ride.

Start pen

You will only be allowed to enter a pen when your group loads. You may choose to start with a later group if you wish, but you will not be allowed to enter the pen before your group loads. A load schedule is available, indicating the times for your group. Please take note of the electronic signage in the Assembly area, which will indicate the current and next loading groups. Please do not try to enter the start chute before your group is called as this only congests the loading area.

There are three important times that you need to be aware of:

- The time you need to arrive at the assembly area
- The time your pen opens (load time)
- The time your group starts

See 'Start Loading Schedule' page

Start group

If you miss your load time, you will have to start with a later group. Your start time, however, will reflect the time of the group you start with.

If you have started in an earlier start group than allocated to you (according to your race number), you will be disqualified and you will not get an official result.

No women may start in open groups A, B and C. Women who start in these groups will automatically be disqualified as these groups are for men only.

The first start group leaves at 05:30 and the last start group leaves at 09:07.
The start line procedure

Once you are in your start group, the entire group leaves the MAKRO START ZONE. You head towards the start line as a group within the fenced-in start chute and cross a RaceTec timing mat that checks which group you have started in.

The start line itself is situated on Riversands Boulevard at Circle 4. This is within the NEUTRAL ZONE of the Ride Joburg route. When your group officially starts, you will be led by 3 Think Bike motorbikes down Riversands Boulevard through Circles 3, 2 and 1, still within the NEUTRAL ZONE. Do NOT pass these marshals; keep behind them. This is for your own safety. If you do pass them, you will be disqualified from the event. You will be channelled through the right turn at Riversands Boulevard onto Erling Road.

The Think Bike motorbikes will peel off the road and you will then enter the RACING ZONE and your Ride Joburg race will begin. This is where the secondary RaceTec mats are, and where your race time starts.

<table>
<thead>
<tr>
<th>Grp</th>
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<th>Start time</th>
<th>Pen open</th>
<th>Arrive at Makro</th>
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<tbody>
<tr>
<td>$</td>
<td>Racing Elite and U23 Male</td>
<td>05:30</td>
<td>05:00</td>
<td>04:45</td>
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<tr>
<td>&amp;</td>
<td>Racing Juniors Male</td>
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<td>#</td>
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<td>J</td>
<td>Hand Cycle &amp; Recumb. ONLY</td>
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<td>05:38</td>
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<td>%</td>
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</table>
**Route**

**What you will encounter along the route**

**Vehicles**

The Discovery 947 Ride Joburg event enjoys the advantage of full road closure. There will be officials on the route to provide support to the organisers and joint operations centre, as well as emergency vehicles and sweep support vehicles.

**Pedestrians**

In certain areas along the route, you will find that there are many spectators and general pedestrians going about their business. Be aware at all times.

**Road surface**

The Discovery 947 Ride Joburg organisers work closely with the Johannesburg Roads Agency and the Gauteng Department of Roads and Transport help fill potholes and improve the road surface. We also employ a private mechanical broom to clear the route of debris. However, be aware of loose sand or uneven surfaces. Always think about what might lie ahead of you. Road hazards such as potholes and poor surfaces will be marked on the road with bright yellow duct tape or paint. Please look out for these markings and avoid the hazards for your own safety. Also, point the hazards out to your fellow riders.

**Mechanics**

There is mechanical support at all nine water points and at the Makro Start Zone. At these stations you'll see skilled bike mechanics that you may recognise from the local bike shops in your community. They’ll provide mechanical assistance for which the event offers a nominal contribution to the mechanics. You can also buy spare parts from the mechanics. You can pay cash, or use your cellphone banking or the Zapper App.

**Water points**

There are nine water points along the route, stocked with ice-cold Powerade, Coke and water. There will be medical, physiotherapy and chiropractic support at the water points, as well as mechanical support and toilets.

**Nutrition**

To help boost energy levels, we have a few healthy ways to sustain your energy levels on the route:

- Racefood FARbars and FASTbars at water points 4, 5, 6 and 7
- Nutriseed at water points 2, 3, 8 and 9

We suggest you carry additional energy supplements - please don't use a new or untried supplement on the day.

**Keep the route clean**

Remember to STASH YOUR TRASH until you can dispose of your rubbish in a responsible way.

**Netcare 911 and Voltaren**

World-class medical assistance and physiotherapy support will be available at the water points along the route. Their response vehicles will be dispatched as needed. **If you or a fellow cyclist require urgent medical attention, call 082 911** and give your location. Remember to save this number in your phone in case it's needed in a hurry. There is a Netcare hospital at the finish venue, and the Voltaren physiotherapists and chiropractors are located at the hospital and in the hospitality area.

**Sweep buses and trailers: Sweep = Rescue**

Cyclists who do not make the cut-off points or cannot continue their ride will be swept off the route back to the venue. Sweep pick up points are at the water points and at other specific points along the route. So, try to get yourself to a water point or alternatively flag down one of the official vehicles and ask them to request that the JOC (Joint Operation Centre) dispatches a vehicle as available. Place your bike frame sticker (find this in your Race Pack) on your bike to ensure that you can be reunited with your bike back at Riversands Commercial Park.
Cut-off times

Cyclists must complete the Discovery 947 Ride Joburg within a certain time, and cut-off times will be in place. This is to ensure that residents and motorists are not inconvenienced longer than is necessary, as well as for your safety.

Rider awareness on route

Riding in a bunch is not something you may do every time you get on your bike. Be aware of those around you and consider the following to avoid causing unnecessary crashes:

1. Think about the cyclists behind you. Don’t do anything that is unexpected, like braking or turning suddenly (unless you’re avoiding a hazard).

2. Think about what may be coming up ahead of you on the road and make provision in good time.

3. Keep your position on the road constant and avoid moving from one side to the other unexpectedly. Always be aware of those around you.

Cut-off time-table

<table>
<thead>
<tr>
<th>Point on route</th>
<th>Distance</th>
<th>Time</th>
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<td>1st Water Point on Cedar Rd</td>
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<tr>
<td>A 2nd Water Point on Witkoppen Rd</td>
<td>21,00</td>
<td>10:39</td>
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<tr>
<td>B 3rd Water Point on Bram Fischer Rd</td>
<td>29,00</td>
<td>11:19</td>
</tr>
<tr>
<td>C Hyde Park Corner on Jan Smuts Ave</td>
<td>35,00</td>
<td>11:49</td>
</tr>
<tr>
<td>D 4th Water Point at Rosebank - 7th Ave</td>
<td>37,00</td>
<td>11:59</td>
</tr>
<tr>
<td>E Jan Smuts Ave and St Andrews Rd (Short Cut)</td>
<td>41,90</td>
<td>12:24</td>
</tr>
<tr>
<td>F 5th Water Point on M1 South at Empire Rd</td>
<td>46,50</td>
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<td>G 6th Water Point on M1 South at Marlboro Rd</td>
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<tr>
<td>H 7th Water Point at KGPC (Short Cut)</td>
<td>70,00</td>
<td>14:16</td>
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<tr>
<td>I R55 and Kyalami Blvd (Business Park)</td>
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<tr>
<td>J 8th Water Point at R55 and Mimosa Rd</td>
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<tr>
<td>K 9th Water Point at Summit Rd and London Rd</td>
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</tr>
</tbody>
</table>

Profile

Total Climb: 1495m Total Descent: 1472m
Finish and hospitality village

It has been a long ride; time to relax

Your Discovery 947 Ride Joburg finishes at Riversands Commercial Park. The finish line is along Riversands Boulevard between Circles 9 & 8. It is a downhill finish, so be aware of your space and what is ahead of you. Between Circles 7 & 6 you will receive your medal and an ice-cold Coke, Coke Zero or water. Keep moving and listen to the marshals’ instructions. This is an uphill section, so keep riding through to the hospitality village for an ice-cold beer. You deserve it! Alternatively, you can take the quick exit back to your parking spot.

Hospitality village

You can head towards the main hospitality field to your left at Circle 6 or quick exit to parking. Please leave your bike in the secured Bike Park located near the Hospitality area. No bikes will be allowed into the Hospitality Area. There are a range of public caterers and a beer garden where you can unwind after your ride. Make sure you take your cellphone along if you are planning to meet up with family and friends at the finish area. The area is vast and it is very difficult to find people if you do not plan your movements with them. There may be cellphone congestion due to high volumes of people so the organisers have installed cell boosters in the venue to counter this issue.

Physiotherapy and chiropractic support

Check the middle page for a map of the venue. Voltaren physiotherapists and chiropractors are available at the finish area (on the main hospitality field) to give your tired legs a rub-down.

Medical message

If you are cramping or feeling unwell after your ride, please go immediately to the Netcare 911 Hospital, located next to Circle 6. Do not attempt to drive home if you are in any way unwell. Rather let the Netcare doctors have a look at you!

Heading home

When heading home after the event, remember to eat or drink something and ensure that you are well rested before you take to the roads in your vehicle. Remember, there may still be cyclists out on the Discovery 947 Ride Joburg route, so you’ll need to plot your route home to avoid the road closures. To do this, use the MapIT Interactive map at 947ridejoburg.co.za

Results

Go to www.947ridejoburg.co.za from 18:00 on Sunday, 17 November to check out your provisional results. These exclude category positions.

You can download your Discovery 947 Ride Joburg certificate from the RaceTec results website from 30 November 2018.

Photographs

Check out your official Discovery 947 Ride joburg photographs, which will be available on www.jetlineactionphoto.com, and remember to add your pictures to our Facebook pages and on Twitter.

Spectators at the finish line – with map

Riversands Commercial Park is a very large venue.

Please take a look at the venue map to find the distances between the circles along Riversands Boulevard and to see where the finish line is.

There are spectator facilities, which include grandstands and toilets. Refreshments will be on sale at the finish line.

To get there, you can walk up to Circle 8 and use the pedestrian bridge to cross over the route. You can also catch a shuttle bus from the hospitality village up to the finish line and back again, or you can chill out and wait for your riders at the Purple parking area. Bring a gazebo and relax!

The spectator areas are indicated in the map on the right by ★ and the shuttle is indicated by ☆.
Ride Joburg top tips
11 top tips to make your Ride Joburg a success

1. Keep your phone in a ziplock bag to avoid sweat and moisture damage to your phone.

2. Are you coming for Pretoria? Use Nkwenke Rd to access the parking via Witkoppen Rd / Main Rd and into Zimba Rd or Chatterton Rd.

3. “Drop A Pin” on your smartphone when you park. This will help you find your vehicle when you finish the ride.

4. Freeze one of your water bottles overnight.

5. Do not look behind you while cycling, as this will cause you to inadvertently swerve and possibly touch wheels.

6. Download the 947 App, available on Android and Apple devices. Listen to 947 for traffic on your way in and out of the venue.

7. There is a cycle path running the length of William Nicol Drive from Fourways to the venue. Use the cycle lane on the southbound carriageway to cycle to the start.

8. Download the free RaceTec App on Android or Apple devices to track cyclists on the day.

9. There is NO access through Steyn City to the start, whether you are on your bike or in a car. Steyn City forms part of the route.

10. On twitter #AskNondwe for any queries on the day. Nondwe will get back to you ASAP.

11. For any queries please call the Call Centre on 011 017 2700 or go to www.947ridejoburg.co.za.

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Discovery 947 Joburg